



# Tramping Skills Course

The OTMC are holding a course in basic tramping skills in October and November 2009. The course is aimed at people just starting out tramping, and for those who wish to refresh some basic tramping skills.

The planned course will consist of three evening meetings as well as a practical tramp to the East Matukituki River, near Lake Wanaka.

*Further details are listed on the reverse.*

- Oct/Nov 2009
- 3 Evening Meetings
- 1 Weekend Trip

Limited  
Numbers



(above) Aspiring Flat, in the East Matukituki, looking towards the Turnbull Thomson Falls

(left) East Branch of the Matukituki River

# OTMC Tramping Skills Course

## *October / November 2009*

This tramping skills course, being organised by members of the Otago Tramping and Mountaineering Club, is designed to provide tramping instruction to allow people to enjoy the New Zealand outdoors safely. A lot of the tragedy's we hear about via the media are preventable, and this course is a great opportunity to increase your skills to make your visit to the back-country enjoyable and safe.

This course is also suitable for current trampers wishing to refresh some tramping skills, and is a great introduction to gaining confidence in leadership roles.

The course will start on October 20 with an evening meeting in our clubrooms. This evening will feature an introduction to tramping, and cover clothing and tramping gear (packs/boots/sleeping bags etc.).

The second evening, on October 27, will cover an introduction to map reading and compass use, as well as the environmental care code and other tramping equipment not already covered (like cookers and first aid kits).

At the third meeting (November 3) the group will be separated into tramping parties, each with an experienced leader. Each party will then fully plan the weekend tramp for their party to the East Matukituki. This will include planning or discussing the route, food, gear and equipment required and other necessary details.

The weekend trip itself takes place over the weekend of November 14/15 (departing 6pm Fri evening). We will drive to the start of the track and camp. Saturday will commence with the theory side of river-crossing before we start our trip to Aspiring Flat. Whilst tramping we will practice map and compass use, as well as river crossing. Saturday night will be camping, with the use of flys or tents, as well as cooking an evening meal using portable stoves. Participants will be encouraged to have a go at all the practical skills—this is the best way to learn.

We will have time on Sunday to head up to Aspiring Flat and view some of our magnificent scenery. The walk out on Sunday may include walking down a section of the river, allowing further river-crossing practice (dependant on river levels).

The cost of the mini-course will be \$55, which covers the cost transport for the tramping trip. The party food for the Matukituki trip will be additional to this (approx. \$15 per person).

To apply please fill out an application form, available from the club or on the OTMC website ([otmc.co.nz](http://otmc.co.nz))

- **First meeting:** 7pm, October 20 (Tuesday)
- **Second meeting:** 7pm, October 27 (Tuesday)
- **Third meeting:** 7pm, November 3 (Tuesday)
- **Weekend Tramp:** Nov 14/15 (depart 6pm on Friday)

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