

Otago Tramping and Mountaineering Club
P.O. BOX 1120 DUNEDIN

BULLETIN

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AUGUST 1985

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The O.T.M.C. meets socially in our Clubrooms, 261 Stuart Street

every THURSDAY at 7.30 p.m.

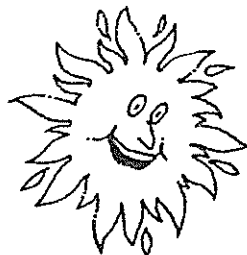
All welcome - 30c at the door please.

Dear Folks

Well, this is my last bulletin, and here I am worrying about how to fit all this month's contributions in! Thanks for making my job an enjoyable and interesting one, and I look forward to my task of producing a Xmas Special Outdoors '85. Best wishes to my successor, and happy tramping.

Editor-in-Chief

Miriam R. Vothwiler



NOW SHOWING!!

O.T.M.C. TRIP PROGRAMME

AUGUST

11-17:	Ski week - Cheeseman (S66) (Sorry friks - ski week is full up)	Greig Hormann	(89) 5348
18:	Pineapple - Swampy - Green (F) (144)	Doug Forrester	876-416
18:	Ben Rudd's (FAMILY GROUP) Off to Ben Rudd's Shelter, Flagstaff for afternoon tea. Meet at the carpark, Whare Flat end of Flagstaff at 1.00 p.m. Anyone wishing to go before lunch, ring McDonalds (63-101).	McDonalds	63-101

To the members of the Main Club and the Over Thirties Group, we extend a cordial invitation to join us over there for afternoon tea. The fine spring weather last year brought out a large crowd of people, many of whom probably only visit this area once a year.

More

25:	Peninsula (E) (144)	Michelle Green	774-834
24-25:	SNOW 2 Old Man Range (S143)	Peter Egan	738-103

SEPTEMBER

1:	Flagstaff (E) (144)	Gaye Davies	(72) 8723
8:	Waitahuna Hill (M) (H45)	Peter Mason	775-237
7-8:	Cross Country Ski Instruction (M-F)	Dave Levick	738-427

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IF YOU'VE GOT THE TIME...

From your "Queen Street Social Snoop" - Jan Hudson.

(And hasn't she done a tremendous job too - thanks Jan, for such an interesting programme.)

AUGUST

- 15: B.Y.O. (Slides, that is!)
- 22: Chinese Auction. Clear out under the bed folks, in the fridge, on the bed, in the sink There's a rumour that "cold tea" of your B.Y.O. variety is to be auctioned in large quantities!!
- 29: Annual General Meeting. Interested in becoming a Committee Member? Interested in forming/debating club policy? All you stirrers out there - the A.G.M.'s your big night your chance to become editor!
- 31: (Saturday) - Club Dinner. Yum! Yum! Keep your eyes open for details on this extravaganza - see page 10 of this bulletin.

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BRADFORD'S HOLLYWOOD

Well, this month's gossip is from the Snow 1 weekend. Bet you didn't hear about Ewan P - took half of his party and the hut key to the pub, and left his other party members to get exposure!! Ewan kindly and thoughtfully returned after 11.00 p.m.!

And to our cook extraordinairé, Gabrielle Oswald, who won the Club Cooking Competition - congratulations. See Recipe Section for tips on how-to-do-it for "Chick Pea and Kumara Curry". Second prize went to Mike Float for "Clockwork Orange Cheesecake", and third prize to John Dignan (& associates) for "Lemon Dumpling Pudding".

John Robinson is leaving Dunedin for New Plymouth on 21 August. John's been pretty active on the O.T.M.C. trips since his arrival a few months ago, and hopefully he'll be back down this way over Xmas, getting into the hills with some friends. We are sad to see him go, but wish him all the best.

Lori wants to thank those who entered the Tee-shirt Competition, (with or without the aid of a bottle of whiskey!). Apparently, some slogans may be too grubby to actually print, but a winner will be chosen soon by Lori and Dave Barnes. So it'll be good to have O.T.M.C. and a suitable slogan on sweaty bods heading into the hills soon

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WANTED / WANTED / WANTED / WANTED / WANTED

* * * * *

MISSING LIBRARY BOOKS!! PLEASE CHECK

THE PAPAROAS GUIDE	Andy Dennis
WILD NEW ZEALAND	Readers Digest
QUEST FOR ADVENTURE	Chris Bonington
FIORDLAND EXPLORED	John Hall-Jones
LAND OF MOUNTAINS	Peter Radcliffe
N.Z. ALPINE PLANTS	Marks & Adams
COLLINS GUIDE TO MOUNTAINEERING	John Cleare
BEAK OF THE MOON	Phillip Temple

SNIPPETS

Are you aware the O.T.M.C. has the following huts?:

Ben Rudd)
Yellow Hut)
Green Hut) Silverpeaks
Jubilee Hut)
Poplar Hut)

25 Mile Hut Rees Valley

Leaning Lodge Rock and Pillar Range



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NEW MEMBERS: Welcome to ALANA BELL - 41 Tyne Street, Dunedin. Phone: 778-773.

CHANGE OF ADDRESS: Spen Walker - 126 Evans Street, Opoho. Phone: 730-479.

LIFE MEMBERS: TREVOR PULLAR'S name was omitted on the Life Members' list (for the second time!) in Outdoors. The Committee wishes this to be noted, and an apology is extended to Trevor.

30c At The Door About time people remembered their responsibility to contribute 30 cents at the door on Thursday Club nights. This covers electricity costs.

Photography Hope people have noticed the photograph of a stone cottage on the Old Man Range. This was donated by GEORGE PEARSON, a Life Member. Many thanks from the Club.

PUBLICITY Lori Meyer, Publicity Officer for O.T.M.C. and M.S.C. (Dunedin Committee) is getting plans well underway for the big promotion at LEISURETIME from 27-29 September. She is on the prowl for slides, as she is putting together a slide presentation and commentary, to be run alternatively with videos at the display. Also, the O.T.M.C. will have space there for a display, and the M.S.C. is happy to finance some publicity shots, etc. So please, some good ideas, slides and photographs would be much appreciated. Any volunteers to help man the display at the Stadium in Victoria Road, from the Friday afternoon to the Sunday evening? It's our Club's chance to increase membership. Phone Lori (741-568) - evenings please.

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C L A S S I F I E D S

For Sale: Size 4 Frames Boots.

Size 3 Italian Semi Rigid Boots.

All good condition.

2 Swiss Army Knives.

Mountain Club (external frame) Standard Pack. Phone: LORI MEYER (741-568) evenings.

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OUTDOOR RECREATION GROUP REPORT

1. Native Conservancy/Heritage N.Z. Dept (call it what you will) is one of the main topics at the moment. Jenny Winter is co-ordinating things, and if she has requested your help, I hope you can, and is she hasn't, why not offer. The Native Conservancy would be the biggest step forward for conservation of our recreation environment we are ever likely to see, but it may well not happen. YOUR support is needed.
2. An interesting discussion took place on the application by Mr Lee of Cardrona Ski Area fame, for a recreation permit to operate cross-country ski tours on the Pisa Range. We do not object to the principle, but we are concerned about some of the effects.

3. If anyone hears any interesting news about the Rastus Burn Ski (?) field, or the Remarkables generally, can you let MARTIN CONNELL know please?
4. Does anyone have an opinion on the possible renaming of Mt Dobson, north of Mt Trent, north of Broderick Pass, to allow the peak behind the Mt Dobson Skifield, 73 km to the east, to be named Mt Dobson. Seems they only allow one name per map/area, to avoid confusion with things like Search and Rescue operations - so should they be allowed to re-name a peak?
5. Next meeting is WEDNESDAY 11 SEPTEMBER at 7.30 p.m. at a mystery location - which is NOT Bruce Mason's place - I haven't really thought about it yet. Club members are welcome, but could people who don't regularly attend, please contact me first.

Ross Davies - Convenor - Phone: 728-723 (evenings)

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PASTORAL LANDS

Dave Hensen (at the Federated Mountain Club meeting) gave a background about Pastoral Lands, saying that New Zealand is one of the few countries that gives graziers the control of recreational access in montane areas. In other countries access is open. One hundred to 150 years ago, people chose to come halfway across the world seeking a new life that was unencumbered by the social and economic restrictions which burdened their lives. How ironic that in the new land (which they founded) we now have some of the most restrictive access laws in the democratic world.

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Mountain Safety Manual 14

Outdoor First Aid



first aid and emergency care
for people in remote areas.

BURNS AND SCALDS

EARACHE

SHOCK

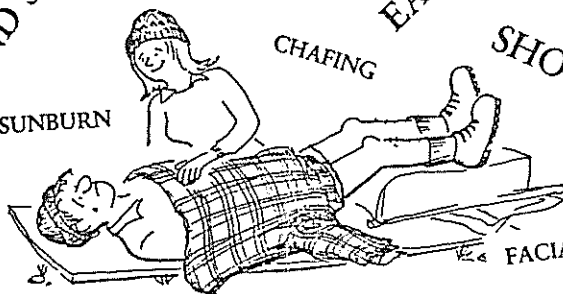
FACIAL BURNS

CHAFING

SUNBURN

FOREIGN BODIES

Fainting



GRAHAM JOHNSTONE REPORTS:

Section 45 of the Civil Defence Act 1983 requires a positive responsibility for the training of personnel, and for the provision of equipment, facilities and accommodation for civil defence purposes in all premises owned and occupied by Government Departments, Statutory Authorities and specified organisations. This means that adequate first aid knowledge is required by law in these places.

This is part of the increasing awareness that primary health care starts in the community, as opposed to the hospital system. In past years, the Government has not exactly been renowned as a progressive institution, but with the passing of this Act, and some of their consequent actions, they seem to be taking notice of a very important aspect of health care, which in many cases will decide whether the injured person(s) will live or die.

As a responsible public Club, the O.T.M.C. has a responsibility to its members, and to any members of the public on Club trips. I would suggest that it is reckless to allow any party to go into the hills without adequate knowledge to cope with most (if not all) emergency situations that could occur. Indeed, it is conceivably possible that legal proceedings could be initiated against the Club for negligence if sufficient aid was not forthcoming. This has not yet happened in this country that I know of, but is becoming increasingly prevalent overseas.

With this in mind, a quick perusal of the Club's constitution is rather interesting. Admittedly, the copy I have is a few years old, but I am not aware of any change in the last few years. This document contains no reference to promoting the ability to deal with injuries sustained; unless 'animal life' under Section 38 also refers to humans. According to this same document, we have an obligation for damage to 'huts, equipment or property, public or private'. I find this rather amusing since it suggests that material possessions are more important than people (unless we acknowledge slavery). We are also forced to accept that the Government has given more acknowledgement to the importance of injury treatment than the Club, which we proudly describe as 'public-spirited'. How embarrassing!!

I can well imagine the wailing and gnashing of teeth coming from some quarters over this little statement, but significant numbers of trampers DO get injured in situations where their lives could be significantly altered, if not ended, without prompt effective treatment. This is especially true in climbing and skiing, which is reported by some studies as being one of our nations most favourite ways of injuring itself. Approximately 5/100 skiers - first equal with rugby. At least St Johns or Red Cross are present at rugby games. With the sorts of statistics involved, we can't afford to bury our heads in the sand and hope it won't happen to us - as some people found out on one recent Club trip. It can happen suddenly and totally unexpectedly to one of your friends or to you. How would you feel if you weren't adequately treated if you broke your leg? - or what about if one of your friends died because you didn't know what to do?

Have you done a basic First Aid course?

Have you got a current First Aid certificate?

Do you carry an adequate First Aid kit?

Experience on Club trips shows that a significant proportion of the Club must answer "NO" to the first two questions, and most would have to say "NO" to the last. Most commercially available First Aid kits are of little use in an outdoors situation. Mountain Safety Manual 14 - OUTDOORS FIRST AID is an excellent book which includes suggested First Aid Kits. The individual kit suggested in this book is the sort of thing that should be carried by EVERYONE, with the possible addition of more sterile wound dressings and crepe bandages to deal with bad bleeding, which - although rarer than minor cuts - is a much greater risk to life.

Suggested list on following page.

SUGGESTED INDIVIDUAL FIRST AID KIT

- 6 Band-aids®, assorted sizes
- 1 Elastoplast® Dressing Strip (7.5cm x 1m)
- 1 100 mm (4 inch) Crepe Bandage
- 1 pair scissors
- 1 pair tweezers
- 6 safety pins (assorted sizes)
- 6 100 mm (4 inch) Gauze Dressing Squares
- 1 Insect Repellent
- 12 Paracetamol tablets
- 1 Roll Sticking Plaster (Sleek®, Leucopore®, Micropore®)
- 1 Notebook
- 1 Pencil
- 1 Anti-Sunburn Cream or Lotion
(Ultra-violet block if snow likely).
- 1 Chapstick® for lip protection

CLUB TRIPS 1984 - 1985

Last month I explained how trip fares were set, and how refunds were made to protect Club members from excessive profits being made from overcharging. I also said that trip fares had been kept as low as possible, and that no large gains or losses had been made this year.

All details will be published in the Annual Report, but you may be interested in some of the highlights, compared with the previous year.

In total, we ran 19 official weekend trips, which together with ski week and the Christmas trip, (which were costed separately) compares with the 21 trips run in 1983-84. The average number of people on each trip went down from 23 in 1983-84 to 15 in 1984-85. This may have been - in part - due to higher trip fares, which averaged \$27.00 in 1984-85. However, this average included the Stewart Island trip at Easter, which cost over \$80.00 (cheap at the price for a great trip!). A balance of \$134.00 after 19 trips, with a total turnover of almost \$8,000 shows that trip fares could not have been reduced without making a loss.

We all know that inflation is high, and that rising costs makes it hard to make ends meet, but we hope that members will continue to support Club trips - after all, tramping trips and the year round enjoyment of the hills is what O.T.M.C. is all about.

Mike Float - Chief Guide & Transport Officer

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SNOWCRAFT INSTRUCTORS WEEKEND - ROCK & PILLARS 29 - 30 JULY

What a highly technical weekend. It started with a three hour exhausting climb, buffeted by gale force winds and Spen Walker's philosophy of life!

Finally arrived at the hut, then followed the highly technical exercise of nabbing some bunk space and fighting off intruders. The winner - Ewan Patterson - proved his territorial skills again, despite a vicious verbal battle against Grable, his equally viperish flatmate! After achieving all this, it was out into the snow, and learning how to instruct self-arresting and the use of ice axes.

... ..



Wayne Hodge in his P.V.C.'s executed several styles of how not to do it, and John Robinson's enthusiasm for speed takeoffs looked very dramatic. Cold toes, laughs and we think we know what to do. An early night, good food and dreadful jokes followed. Impossible to get instructors out of bed next morning - they all vow and declare that instructors are supposed to get their leader breakfast in bed. A problem arises - all chiefs and no indians!! Eventually sorted this out, and then it was off to learn the art of teaching crampon techniques and ice axe belays. Problem No. 2 - not enough snow and cold toes. Easily solved - let's have another weekend away! Sounds great, so let's do some cross country skiing.

Miriam Vollweiler for Mike Floate, Don Greer, Bill Provan, Pam & Wayne Hodgkinson, Irene Power, Dave Armstrong, John Robinson, Ewan Patterson, Spen Walker and Gabrielle Oswald.

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INSTRUCTOR'S TRAINING WEEKEND MKII

(Ewan teaching 12 hopefuls in the art of snowcraft instruction)

Off to Cook, at last leaving Dunedin at 7.30 p.m. - dinner in the big O, and a flat tyre up the Waitaki road. However, we arrived at Cook around midnight, spending the night in the shelter.

A visit to Cook HQ's in the morning and a look at conditions. Sixty-80 cm of new snow had fallen, and high avalanche danger was predicted everywhere, including our objective, Muller Hut.

We stuffed around, eventually heading up to the Muller glacier to look for some ice to crampon on. We had an abortive attempt to find some ice,

then the weather began to pack-up. A beer in front of a log-fire at the T.H.C. Hermitage sounded very attractive - the more intelligent portion of the party chose that option, whilst the others toiled on to eventually find a hunk of ice to crampon on. Meanwhile, Mt Cook disappeared under cloud, and the wind and rain increased.

Dinner was cooked over a purring primi in the shelter, with after-dinner socialising at the T.H.C., then retiring back to the shelter to sleep. The noise of rain, avalanches and wind (both types!) kept some people awake.

Still wet in the morning, so we left for home (we thought!). Immediately on leaving the hills, the weather perked up. Obviously, it was still bad at Ohau skifield, but what about Tekapo? If only we could get up to the snow somehow! Tekapo was closed, so we continued to Fairlie and contacted people up at Dobson. The field was closed, but we were welcome to drive up if we could.

We hired chains, and quickly back-tracked to Dobson. It was snowing and was very windy - already a drift had formed across the road, so we went no further. Out we got and attacked a handy snow-slope, but conditions were hopeless for learning and we mutinied, and sought the shelter of the van.

Then the van got stuck turning around under whiteout conditions - everyone out again to push. The road was so icy, that in places it was impossible to stand upright. Back down to Fairlie and a welcome lunch at a very nice health-food café - highly recommended by us all.

On the way back, we learnt a new game - called "Tickle Bill (Amadeus) Probin" - highly entertaining, but do wear a full-face-crash helmet!!

Full marks to Ewan Patterson for the time and effort put in - I hope SNOWS 1,2 & 3 get a good turnout.

J.R. for Ewan and the 12 disciples.

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SNOW 1



What a great weekend! Not just in terms of a lot of fun, but the really good instruction given, and the opportunity to shock the 'ski bunnies' by hitting the ski slopes!

One flat tyre later, we arrived at the camping ground, delighted by the luxury of cabins, complete with heaters. Some from the other van had made a mad dash for the larger cabin with the double bed!

Windy conditions and soft snow at Cardrona greeted us on Saturday. We snow stepped up a slope over the back, but were asked to stop making holes in thoroughfare, so moved on again. Some better snow was found for a bit of self-arresting. Many thanks to Miriam, who, when told in confidence that it was my birthday, immediately broadcast it to everyone, who then proceeded firing untold snowballs at me!! (She was forgiven later on however, by the magnificent meal with lots of yummy fresh salads and a banana loaf with candles - what a sweetie!). In the afternoon we found a steepish slope for (sort of) cutting steps, self-arresting, etc. A nice mellow time was had that evening back at camp and the Wanaka watering hole

But Sunday's snow and warm sun at Treble Cone was even better, and they didn't seem to mind us there (we'd been granted permission at Cardrona too!). The almost 2:1 pupil/instructor ratio meant a great deal was learnt, including cramponing, ice axe belay (unfortunately, only halfway in, due to the snow depth), and yet more self-arresting, etc. Oh, and the advanced technique of snowball fighting procedures!

Just a caution here - if you're in Ewan's car/van, and chains are necessary, be prepared to get your hands dirty - he doesn't like to!!

And for dirty jokes, Doug's the man! Bill, of course, has the 'best laugh and farts award' for the weekend (Jenny will second that, having been in the same cabin!).

Lori Meyer for Miriam Vollweiler (great instructor!), Elspeth Girvan and the rest of the Snow mols.

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DAY TRIP - TAIERI RIVER WALKWAY - 7 JULY



We should have believed the forecast! My two previous winter day trips had been blizzarded off, and somehow, I thought it couldn't happen three times in a row - well, it did!!

Five of us set off in reasonably fine weather from Taieri Mouth, and I was quite keen to see where the track went. It started to rain after about half an hour, but we carried on - it was quite an interesting track, mostly well above the river.

It got heavier, and after about an hour and a half walking, we turned back, wet and bedraggled. We stopped for a brief lunch under some pine trees, which I must admit are better at keeping rain off than natives. Eventually, the forecast snow fell, to cap off a most miserable morning.

By the time we got back to the car the sun was sort of out, which is typical! I must go back some day - probably in the middle of summer.

Ross Davies for Jean Pettinger, Janet Green, Trudy Loudon and Phillip Jenkins.

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GREETINGS from the FAMILY GROUP

Sunday 21 July saw no fewer than 51 souls - large and small - turn out for the monthly sojourn, (Grahams Bush, Organ Pipes, Mount Cargill). Indeed, the fair preponderance of 'Young Uns', not to mention a few NEW older faces, made it a truly representative family outing, which augurs well for the group in the future.

With the sun shining spasmodically and a cool nor-easter blowing up from Taiaroa Head, the multitudes ambled off from the assembly point, Hall Road, Sawyers Bay, at 1:10 p.m.

Barely 10 minutes up the track and the signs of jackets and gloves being discarded was in evidence. The walkway - extremely good under foot - has been much improved, and with the bridges, stairways, etc., is a credit to the workers involved. The bush, undergrowth, and birdlife gave great pleasure, as did the peninsula views, which were all one could have hoped for. Our merry band arrived at the Organ Pipes in time to break out the afternoon tea goodies and scroggin. To call it breezing would be a true understatement, thus only a handful elected to partake in the 'final dash to the summit', where yours truly covered some added distance in pursuit of his beloved Beannie!

The group arrived back at the vehicles via the same route at around 5.00 p.m., happy, and from all accounts with no broken bones, cuts, sprains or abrasions, which makes this scribe - and trip leader for the day - justly satisfied. Cheers.

Dave Ferguson

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A tasty morsel from our Club's Champion Cook - GABRIELLE

CHICKPEA AND KUMARA CURRY

Something for a weekend trip - the chickpeas need to be pre-cooked, unless you're into carrying heaps of fuel. So, before you go Soak a heap of chickpeas overnight, then boil for 30-45 minutes/or until soft. Drain, bag and Head for the Hills!

On the night: Fry onions, garlic and curry in butter. Mix in some big gobs of peanut butter - add water and stir all the time till mixture becomes thick and saucy. Throw in pre-cooked chick-peas, and perhaps some roasted nuts of some sort. Mix up to a sludge.

In another billy (or same, if you can put sludge in something else) boil rice (wholegrain) till soft. Boil at the same time (in with the rice) sliced kumara lumps. Add the kumara to the sludge.

Serve the peanutty, curried chickpea mix with the rice, and cover with a topping of pre-roasted sesame seeds, etc. Tomatoes, salad, whatever you've got.

May the sauce be with you! - Luv, Gabrielle.

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CLUB ANNUAL DINNER

WHEN: SATURDAY 31 AUGUST

TIME:

VENUE: GLENFALLOCH

STYLE: DINE and DANCE

} Further details to be
announced - see Jan Hudson.

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